

„Otwarte Drzwi” Foundation

UBC meeting, 1st December 2022





**„Otwarte
Drzwi”
Foundation**

“Otwarte Drzwi” Foundation was established to achieve the **goals of health protection**, particularly in the field of **civilization diseases of the 21st century**, including counteracting the risks of oncological diseases, mental health, stress and diseases related to non-compliance with psychosomatic hygiene, and also problems related to procreation.

PROCREATION

**Modern technologies of infertility
treatment**

Pulawy Branch

Holistic approach to well-being

Legal Support

**Cooperation with “Fundacja Rozwiązania
Sporów” and association “Pactum”**

Education and promotion

Conferences, lectures, trainings



**„Otwarte
Drzwi”
Foundation**

PROCREATION

Modern technologies of infertility
treatment

The innovative, proprietary program that has been developed for the Foundation offers **comprehensive support for the entire family, not just an individual.**

We believe that prevention and treatment should include people in their natural environment, which is the family.



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Pulawy Branch

Holistic approach to well-being



- **Current Project: InsulApp - Diet therapy in insulin resistance**

The activity of the Team from Pulawy meets the needs of a group of people struggling with such a metabolic disorder by creating our program, the main goal of which is to build social awareness in the field of insulin resistance.

- **Further steps towards development**

- Projects focusing on other metabolic disorders, such as PCOS, Hashimoto's syndrome etc.
- Implementation of solutions in the field of physiotherapy and nature therapy, which together with diet therapy will positively affect the well-being of human life
- Expanding knowledge and promoting issues in the field of mental health



Pulawy Branch

Holistic approach to well-being

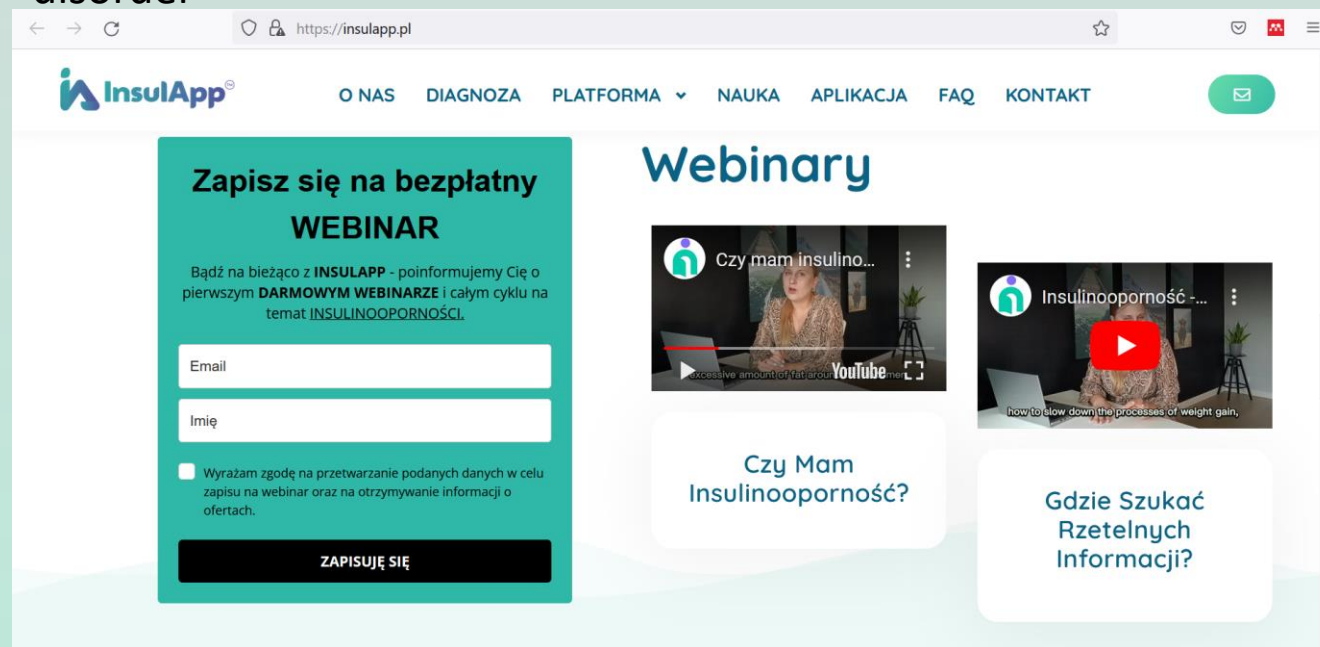


UPCOMING EVENTS



The program covers such issues as:

- Insulin resistance – a disease entity or a novelty?
- Insulin resistance – mechanism and diagnostics
- Diet therapy – a milestone in the treatment of a metabolic disorder





„Otwarte Drzwi” Foundation

*„Despite the difficult situation, let's keep our hearts open
and together create something important for others”*

– dr Bogusław Tomczyk

Contact details:

Dr Bogusław Tomczyk - Chairman of the Board:
(PL) + 48 881 669 905, tomczyk00@interia.pl

Marta Klimczyk - Member of the foundation's Council
(PL/EN) +48 698 329 331, klimczyk.marta89@gmail.com

(PL) www.otwartedrzwi.com

(EN) <https://www.otwartedrzwi.com/otwarte-drzwi-foundation/>

