

UBC Inclusive and Healthy Cities Commission Action Plan 2022

March 2022 Online Seminar - Sport and Inclusion

- Platform for sport institutions from UBC Cities (public and private)
- presentation of inclusive projects (trainings/ workshops/ events etc.) in UBC Cities
- challenges of inclusive sport offerings
- importance of voluntary work in inclusive sport offerings
- reactivate our cities inhabitants after Covid-19
- break out rooms for discussions on different topics
- expected number of participants: 30-40

21-23 June 2022 Commission Meeting in Rostock

- expected number of participants: 15-25
- meeting with the Mayor of Rostock
- workshops on different topics
- networking with local sport and inclusion institutions
- guided city tour
- for those who want: participation of a UBC Team (4 people) in the Rostocker Company Run

26-28 August 2022 All inclusive Rostock

- international para sports competition with sports people/ sport clubs from UBC Cities
- types of sport: Goalball, Fencing, Sailing, Swimming, Athletics
- expected number of UBC participants: 25

November 2022 Commission Meeting Online

- recall of the activities in 2022
- action plan for 2023

Jannis Dammann
Chairman
City of Rostock

Rita Seidel
City of Rostock